

Agenda Item 12 – March Meeting

Request for a Sauna on the Recreation Ground

An approach has been made through the cricket club to request siting of a sauna at the recreation ground.

“Hi Phil,

A friend of the cricket club would like to offer a new wellness facility to the East Dean & Friston community by setting up a sauna on the recreation ground.

The health benefits of a sauna are well documented.

Gosia's sauna is made of wood and is on wheels, so its location can be moved as the master plan for the Rec evolves. The sauna would provide a revenue stream for the PC at no risk / cost, as well as offering synergy to the potential MUGA and cricket offering to the community. Being wood fired, the sauna offers great sustainability credentials as well.

The cricket club has identified a couple of suitable locations, should the idea prove agreeable to the PC.

Local equivalents such as Luna Saunas in Eastbourne are hugely popular and the cricket club are excited to potentially have this additional facility at the ground.

It would be great to know whether the PC would be open to receiving a proposal from Gosia for a sauna - I think many residents would be excited to have this new healthy activity on their doorstep.”

I have attached a photograph of the unit which will be on wheels and therefore moveable and not requiring planning permission.

The proposal from the business owner is also attached.

Proposal: That the council consider the request, bearing in mind the covenants in force on the recreation ground.

Phil Burgess

Clerk to East Dean and Friston